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Wellness Wellness Essential is our Tier 1 EAP ideal for Small Businesses with staff of Essential 1 to 50 employees that introduces the value of mental well-being in the workplace. • EAP Orientation for All Employees • 3 Face-to-face EAP visits – Face-to-face visits with an experienced clinician • 24/7 toll-free telephone and virtual access for assistance with individual consultation and referrals • Work/Life resources - Information and referrals on child care, elder care, adoption, relocation, and other personal convenience matters • Critical Incident Site Debriefing (CISD) - Unlimited Onsite stress debriefings in the event of a serious incident in the workplace • Reporting - Employers receive confidential usage reports that help with trending, tracking, and identifying employee interest areas • Employee materials and website - Includes flyers, wallet cards, and e-posters Wellness Designed exclusively for the cost-sensitive small business owner, Wellness Complete includes everything in Wellness Essential plus: Complete • 6 Face-to-face EAP visits – Face-to-face visits with an experienced clinician • Onsite Wellness Seminars (Lunch & Learn) • Access to our in-house team of wellness and personal health professionals Wellness Advantage is our most comprehensive EAP and includes Wellness everything in Wellness Complete plus: Advantage Wellness Advantage employee discount and reward program with our Partners Dedicated Wellness Manager • Employee Incentive Programs